

Facility Membership Fees

**** There are NO Initial
Sign-up Fees ****

Individual (18 yrs & up)

\$40/month

Student (10yrs—17 yrs)

\$30/month

**Couple \$50/month (Two adults
in the same household or an
adult and child in the same
household)**

**Family - 4 children + parent(s)
living in the same household**

\$60/month

Guest Pass Fees

**3 years - 11 years: \$5.00* (Must
be accompanied by an adult.)**

12 years and up: \$7.00*

MBA

HOURS OF OPERATIONS

MONDAY— FRIDAY

A.M. HOURS

**(Open only during special
programs or events.)**

AFTERNOON HOURS

3:00 PM—9:00 PM

SATURDAY

9:00 AM—2:00 PM

SUNDAY

CLOSED



Membership Benefits



No long-term contract

No joining fees

A variety of programs for all ages

2240 Westbrook Rd.,

Jackson, MS 39211

601 .957.7373



MBA FITNESS CENTER

EQUIPMENT

Cardio Area

We have the latest in cardio machines which include an Incline Nordic Trac Treadmill (50 deg. Incline), Ellipticals, Recumbent and Up-right Bikes, Treadmills and more.

Free Weights

We have over 4,000 pounds of free weights. Dumbbells are available from 1 to 100 pounds. Olympic bars and weights with all the benches for your complete workout are available, too.



CLASSES—PROGRAMS—SERVICES—LEAGUES

AFRICAN DANCE CLASS

- Free for Members
- \$30 Non-Member/Monthly Pass

STEP AEROBICS CLASS

- Free for Members
- \$30 Non-Member/Monthly Pass

SENIORS WALKING CLUB

- Free for Members

CHILD CARE SERVICES

- Free for Members
- \$3/hour for Non-Member

YOUTH SPORTS PROGRAMS

Program Participation Fee (Discount for members)

BASKETBALL (Ages 5-17)

- Basketball Camp
- Basketball Clinic
- Basketball League
- Individual Basketball Training

FOOTBALL (Ages 8-17)

- Football Camp
- Football Clinic
- Football League

GOLF (Ages 5-17)

- Golf Camp
- Golf Clinic
- Private Golf Lessons

TENNIS (Ages 5-17)

- Tennis Clinic
- Tennis Camp
- Private Tennis Lessons

VOLLEYBALL (Ages 8-17)

- Volleyball Clinic
- Volleyball Camp
- Volleyball League

ADULT SPORTS PROGRAM Programs Participating Fee (Discount for members)

BASKETBALL (Ages 18 and Up)

- Women Basketball League
- Men Basketball League

FLAG FOOTBALL (Ages 18 and Up)

- Men Flag Football League

TENNIS (Ages 18 and up)

- Professional Women Tennis League (AM Hours)

VOLLEYBALL (Ages 18 and Up)

- Women Volleyball League
- Men Volleyball League
- Coed Volleyball League

MISSISSIPPI BASKETBALL AND ATHLETICS

2240 Westbrook Rd., Jackson, MS
39211

Phone: 601-957-7373

Fax: 601-957-7372

E-mail: mbahoops.net